



## BALLET INTENSIVE 2017-2018

The Ballet Intensive is a program for dance students looking to pursue serious dance studies. The program will include open ballet classes, pointe work (or pre-pointe work), repertoire and conditioning. Conditioning, Pilates, and injury prevention will also supplement the dance program. Students will gain an in-depth understanding and strengthening of their classical technique, which is the framework for other styles of dance.

Although the program is not syllabus based, the training will help further technique required for Royal Academy of Dance vocational examinations. Students will continue to take their syllabus classes in conjunction with the Ballet Intensive. As the focus of the program will be on developing technique, students will not prepare routines for the year-end performance.

### Academic Schedule

We are offering this program with no disruption to the students' academic schedule. The program includes additional daytime training 1-3 days per week on Wednesdays, Fridays and Saturdays. This year we have created the Intensive schedule outside the regular school hours.

### Faculty

Please see the faculty webpage for bio details of each teacher.

**Janet Gittens is the head of the Ballet Intensive Program.** We have special guests in throughout the year including ballet teachers, physiotherapists, pilates and stretching coaches. Past guest teachers have included RAD examiners Lynette Kelley and Kelly Douglas.

### Days and Times

**Level A (For students RAD Grade 3- 5) Friday 3:30-4:45**

**Level B (For students taking RAD Intermediate Foundation) Saturday 2:00-3:30**

**Level C1 (For students taking RAD Intermediate) Friday 4:45-6:15**

**Level C2 (For students taking RAD Intermediate –Pointe focused class) Wednesday 3:30-4:30**

Please note that students should take the C1 class as the priority and C2 as a secondary Intensive class to strengthen their pointe work.

**Level D1 (For students Adv Foundation, Adv 1, Adv 2 and Solo Seal) Thursday 3:30-5:00**

**Level D2 (For students Adv Foundation, Adv 1, Adv 2 and Solo Seal) Saturday 12:00-1:30**



### Dates:

The Ballet Intensive program runs alongside to the regular studio calendar. Please note that the first Saturday for Ballet Intensives is **Saturday Sept 9.**

### Eligibility:

Students may apply for the Intensive program if they are studying RAD Grade 3 or above. Acceptance into the Ballet Intensive program is based on evaluation by the ballet teachers.

Students must be taking a minimum number of syllabus classes per week in conjunction with the intensive:

- Level A must be taking a minimum of two ballet classes per week
- Level B must be taking a minimum of two ballet classes per week
- Level C must be taking a minimum of two ballet classes per week
- Level D must be taking a minimum of three advanced ballet classes per week

### Tuition and Expectations

It is imperative that participating students make a commitment to the program and keep excellent attendance and participation. Students must commit to the entire year of the program.

Fees are a separate payment to that of other courses at DID. Discounts do not apply to the Intensive.

A \$200 deposit per day/class is required by June 30.

The balance of payment is due in two post-dated payments for Sept 1 and Dec 1.

1550.00 plus GST (4.5 hours per week)

1150.00 plus GST (3 hours per week)

1000.00 plus GST (2.5 hours per week)

650.00 plus GST (1.5 hours per week)

550.00 plus GST (1.25 hours per week)



### Deposit/Application

To apply to for the Ballet Intensive please fill the form below and attach a deposit cheque of \$200 by **June 30th, 2017**. Postdated cheques for the balance of the course will be due August 15<sup>th</sup>.

Student: First name: \_\_\_\_\_ Surname: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Home Ph: \_\_\_\_\_

Last RAD Exam Completed (If applicable) \_\_\_\_\_ Email: \_\_\_\_\_

New to Deas Island Dance? Please list previous dance training:

\_\_\_\_\_

Please circle the time(s) you wish to attend:

**Level A**            Friday 3:30-4:45

**Level B**            Saturday 2:00-3:30

**Level C1**          Friday 4:45-6:15

**Level C2**          Wednesday 3:30-4:30

**Level D1**          Thursday 3:30-5:00

**Level D2**          Saturday 12:30-2:00

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Please make \$200 deposit (per day) payable to D.I.D. and attach to this form. This deposit is non refundable except in the instance that we feel a student is not yet ready for the program.

